COMMUNITY PLANNING



Not yet shown, but recommended for further refinement: shared parks / greenspaces with play equipment near drainage resevoirs second similar development of approximately 300 homes on southeast side shared sewage lagoon(s) shared renewable energy sources

250 Homes on 60x120' lots four five-plex apartments shown two corner stores w/ parking lot

1.5 STOREY HOUSE OPTION

UPPER FLOOR

HARDIE PANELS

ENGINEERED WOOD SIDING

WINDOW PROTECTION OPTION - WOOD SLAT SCREENS

LOCAL WOOD RAILING

LOCAL WOOD CHARRED

WOOD SLAT SCREENS OPEN + CLOSED POSITIONS

LOCAL WOOD RAILING

2.5 STOREY HOUSE OPTION

UPPER FLOOR

SECOND FLOOR

2.5 STOREY HOUSE RENDER - CRAWLSPACE ON GRANULAR FILL

APPENDIX D ENGAGEMENT SESSION 2 PRESENTATION

BUNIBONIBEE CREE NATION HOUSING WORK SHOP CAPITAL ENHANCEMENT & STRATEGIC PLANNING PROCESS

Housing: Best Practices in Design

2019 OCTOBER 16

Acknowledgements & Introduction

SMOKE

the impact of housing

Epingishmok (West) Mshkwoodewashk (Sage) Bwaji Bizhiki (Buffalo) Dagwaagi (Autumn) Naakshik (Evening) Ntaawgid (Adult) Mkadeewaa (Black) Enmanjiwang (Emotion)

Giiwednong (North) Wiingushk (Sweet Grass) Mkwa (Bear) Bboon (Winter) Naakshik (Evening) Gaatesid (Elder) Waabshkaa (White) Jichaag (Spirit)

> Semaa (Tobacco) Mgizi (Eagle) Mnookmi (Spring) Gizheb (Morning) Binoojiinhs (Baby) (O)zaawaa (Yellow) Nendmowin (Mind)

Waabnong (East)

Zhaawnong (South) Zhgob (Cedar) Waawaashkeshi (Deer) Niibin (Summer) Naawkwe (Noon) Shkiniigewin (Adolescent) Mskwaa (Red) Wiiyow (Body)

Nendmowin

building scale community scale regional scale

building scale

Key problem areas

- Foundations
- Openings
- Roof Ventilation
- Eaves and downspouts
- Material Selection

Foundations

- 1. Site Prep
- 2. Multi-point
- 3. Ground hogs
- 4. Insulated Concrete Forms

5. Crawlspace

- Floor assembly
- Sump pits
- HRV units and ventilation
- Weeping Tile
- Built-up substrate
- Dampproofing

Built-up Substrate

• Great for areas with a high water mark

SMOKE

ARCHITECTURE

Image by Formline Architecture

Naskapi of Kawawachikamach Women's Shelter

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Multi-point Foundations

Triodetic Foundation

Great for areas with discontinuous permafrost

Triodetic home and capable Foundation off the g

Note: Foundations should be anchored against uplift due to wind and frost heaving.

Triodetic Frames are custom designed for each home and due to their triangulation will likely be capable of resisting torsional wind-loads.

Foundation should be a minimum of 1m off the ground to ensure space for heat radiation from the floor to be dispersed by outside air adequately so that there is no heat transfered into the earth.

"Groundhog" Anchors / Screw Piles / Helical Piles

Can be installed by hand Lightweight and portable Cost effective

Insulating Plumbing in Above Ground Foundations

- Run plumbing through "Utilidor" under the floor (install louvres to allow heat to pass from the home into the utilidor)
- Deep floor trusses w/ plumbing chase

Crawlspaces

- Floor assembly
 - should never be bare soil
 - sand (15 mil fibre reinforced) polyolefin sloped concrete slurry
 - "Stego"

Crawlspaces

- ICFs (Insulated concrete forms)
 - minimize costly concrete & shipping weight
 - continuous high levels of insulation
 - fast & easy install

- Weeping Tile
 - Filtered sock surrounded by pea gravel at the base of the foundation
 - Vent to daylight

Water & Vapour - outside

Water & Vapour - outside

- Dampproofing
 - Peel and stick rubberized membranes are best and do not rely on good weather
 - Roll-on mastic is okay but not as reliable
 - ONLY use materials that are rated as "below-grade"

- Sump pits
 - 2 pumps requires
 - Vent to daylight
- HRV units and mechanical ventilation
 - Exhaust and intake need to be located at opposends of the crawlspace

Water & Vapour - inside

Roof Ventilation

- Vented Soffits
 - 20" heel trusses allow for 16" insulation + 4" airspace
 - Don't forget bug screens!
- Ridge Vent
- Other Roof vents

Openings

- Lapped membranes
- Proper flashing





SMOKE

Openings

- Fill shim space with low-expanding foam
- Backer rod & caulk at edge











Wall insulation + air space

- 2x6 wall filled with batt insulation and 2" rigid on the exterior (must BREATH in extreme cold climates).
 - 2" ROCKWOOL COMFORTBOARD
 - 2x8 wall filled with batt insulation
- 3/4" strapping should ALWAYS be installed before the siding. This air space allow for proper drainage and ventilation of the wall system (also called "rainscreen" system)







SMOKE

- Siding
 - Cement board (i.e. Hardie) or other durable material
 - Engineered wood siding (i.e. Naturetech)
 - wood is very vulnerable
 - vinyl is easy to damage

Engineered Wood Fiber Technology





- Roofing
 - Asphalt shingles (fibreglass backing)
 - Standing seam w/ concealed fasteners
 - Stone-clad metal (ex. Decra) w/ non-slip underlay
 - NOT corrugated / flat metal: exposed fasteners don't last
 - Lighter colour = longer life





- Windows
 - Fibreglass windows (double hung instead of casement if possible)
 - Triple pane is recommended for the Northern Manitoba climate





- Flooring
 - Marmoleum, hardwood, ceramic tile or carpet tile
 - Low VOC preferred for better indoor air quality
 - NOT laminate or vinyl tiles





- Interior walls
 - Drywall w/ low VOC paint in dry areas of the house
 - ALWAYS use water-resistant options in wet areas such as kitchens and bathrooms to avoid mould (cement board, tile backer board, abuseboard etc)
 - One-piece tub / shower







Resource Materials



SMOKE

community scale



Key focus areas

- Maintenance
- Protecting building materials
- Land use planning
- Neighbourhood planning principles



Asset Condition Reports (ACRs)

- Long-term planning for maintenance
- Funding strategy & making a case
- Inventory and capital planning

Component Code	N/A (Does Not Apply)	No Deficiencies (Component Inspected)	Deficiencies Identified*
Grounds		(
A1.1 Landscaping			•
A1.2 Fences/Gates/Railings			
A1.3 Retaining Walls	✓		
A1.4 Pedestrian Surfaces			
A1.5 Parking Areas			
A1.6 Drainage			
A1.7 Playground Equipment	✓		
A1.8 Paved Play Areas	✓		
A1.9 Play Area Surface			
A1.10 Other			
Building Exterior			
A2.1 Steps/Platforms/Ramps			✓
A2.2 Structure			
A2.3 Foundations/Basement			
A2.4 Exterior Walls			
A2.5 Caulking			
A2.6 Chimney and Stacks			
A2.7 Painting			
A2.8 Doors			
A2.9 Windows			
A2.10 Handicapped Access			
A2.11 Other		~	
Roof			
A3.1 Surface			•
A3.2 Flashing			✓
A3.3 Drains			
A3.4 Skylights	✓		

Site grading



Nobody likes wet feet.

Important things to check, spring and fall:

- Eavestroughs & downspouts
- Kicks & splashpads
- Ground and paving slope AWAY from building
- Weeping tile



Caulking, Flashings, Weatherstripping



Nobody likes leaks.

Check Caulking:

- around door & window frames
- wall and roof vents
- outdoor faucets
- gas pipes and electrical lines into the building
- siding joints



Caulking, Flashings, Weatherstripping



The Flashings

Check:

- Over windows / doors
- Windowsills
- Roof valleys
- Wall / roof connections
- fascia boards at roof edges
- top edges of brick, stone, or other masonry
- bottom of the wall (under siding or masonry)

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Roof



It's your only hat.

Important things to check:

- Penetrations
- Edges
- Ice Damming



Check for Mold



It only needs two things:

- Food
- Water ...and it eats EVERYTHING



Mold

Usually, these are the causes:

- Some kind of water from inside
- Some kind of water from outside
- Bad building ventilation

First Steps:

- Check HVAC
- Is water getting in from outside?
- Is there condensation?
- Are there water leaks inside?
- If it's a damp location, is drywall fiberglass backed or moisture-resistant?



Annual Maintenance: Crawlspaces

Total perimeter check every spring and fall

- Hatch closed and gasketed
- Inside doors between crawlspace areas are closed
- Nothing is stored down there
- Water coming in at the edges
- Water coming up through the floor
- Vapour barrier is protected
- Check sump pit and pump
- Check lighting and exit signs
- Check vents and fans



SMOKE

ARCHITECTURE

Attics

Total perimeter check every spring and fall

- Hatch closed and gasketed
- Inside doors between attic areas are closed
- Nothing is stored up there
- Soffits & insulation stops are clear
- Rafter blocking / insulation isn't stopping eave vents
- Roof & gable vents are clear
- Insulation is continuous
- Roof trusses are sound
- Water damage



ARCHITECTURE

Protecting building materials

- Simple storage solutions available such as carport tents
- 2 priorities are:
 - Keep rain and snow off of the materials
 - Keep the materials off the ground even wood palettes are better than nothing





Land use Planning

- INAC has a funding opportunity available specifically for First Nations land use planning
- Update plan every 10-15 years
- Good practice to frequently review current infrastructure and housing needs



Rainy River First Nation Traditional Land Use Map



SMOKE

source: Rainy River First Nations



The concept included:

- Central park in the middle, surrounded by public buildings
- Six major boulevards join concentric rings of avenues, and divide the city into 6 neighbourhoods
- First ring from the centre is a commercial & market area.

Fig. 2. Ebenezer Howard, Garden-City. No. 2, 1902, in Garden Cities of To-morrow.







Clarence Perry's "neighborhood unit"

Ouje' Bougoumou Village — Douglas Cardinal Architect

STO STO

Neighbourhood Planning Principles

- Reduce house spacing:
 - improved security
 - grouped services
 - reduced road lengths



Gwa-yas-dums Village, Gilford Island, BC

Neighbourhood Planning Principles

- Provide housing for a variety of family sizes and age groups
- Provide accessible green space for everyone to enjoy



Gwa-yas-dums Village, Gilford Island, BC

Neighbourhood Planning Principles

- Cluster shared services
- Create connections between individual homes
- Neighbourhoods: identity, relationships





regional scale



First Nation Market Housing Fund





Challenges

- Short building season
- Transportation challenges associated with winter roads and limited fly-in opportunities
- Limited certified tradespeople
- Bulk purchasing power





Bulk Purchasing power

- Can specify flat packed home kits
- Establish a distribution network and hub
- Case study:
 - Shibogama Tribal Council
 - David Gordon Lac Seul First Nation
 - "Cash Wise" franchise



STUDDING AND PLATES
Kapyong Barracks

<u>Treaty 1 First Nations</u> Brokenhead Ojibway Nation Fort Alexander (Sagkeeng First Nation) Long Plain First Nation

Peguis First Nation Roseau River Anishinabe First Nation Sandy Bay First Nation Swan Lake First Nation



Fort William First Nation Sawmill near Thunder Bay, ON

REFER







small group discussion:

Building scale — thoughts on building materials & envelope





small group discussion:

Community scale — thoughts on maintenance & land use planning

small group discussion:

Regional scale — thoughts on regional distribution / warehouse



APPENDIX E TRIODETIC PROTOTYPE MULTIPOINT FOUNDATION

PROJECT #TP 287/19



December 17, 2019

Larissa Roque Smoke Architecture Inc.

OXFORD HOUSE MANITOBA PROTOTYPE MULTIPOINT FOUNDATION PRICE

Triodetic is pleased to offer our budget price for the design and supply of the galvanized steel Multipoint Foundation frame in accordance with the drawings that you have provided to us.



The preliminary layout and beam dimensions for the multipoint foundation are shown on the sketches.

The foundation frame would incorporate all of the necessary structural steel tube framing, connectors, hardware and adjustable base plates, and would also include saddle brackets at the top chord node points to provide support of the floor joists.

Triodetic will provide engineered shop drawings and material lists for all components being provided with the Multipoint frame, as well as complete installation drawings and instructions.

The following specific items are *not included* in our price:

- 1. Site preparations, gravel pad, geotextile material or timber bearing pads.
- 2. Installation labor, tools and equipment.
- 3. Floor beams, flooring, screened material and decking.
- 4. Taxes.